



Skinergy

The Wisdom of Beauty

Chemical Peel Manual



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A.) Introduction to Skinergy Peels

1. Why use Skinergy

Our ethos is to create skincare that works synergistically through ensuring compatibility of ingredients, thereby creating a product line that works together and supports interactively, thus promoting optimal results for the healthiest skin with optimal skin benefits.

We believe in clean products that work in synergy with the skin and therefore we do not use any parabens, alcohol or mineral ingredients in our products.

At Skinergy we are committed to continued research and innovation to provide advanced skincare based on science and the latest possible technology in skincare.

Our product is created for professional salons and spas. We guarantee customer satisfaction as we use high active content, of quality ingredients, to deliver result driven treatments. Because we develop and manufacture our own products, Skinergy has a high treatment profit margin.

Skinergy offers a specially tailored skincare range that has been formulated to nourish the dermis through enhancing the barrier function naturally provided by our skin. Our uniquely designed ranges allow for an array of flexible regimens to suit any lifestyle, age or skin type. Skinergy offers products that entice the mind through olfactory and sensory sensations, thereby creating a full sensory experience.

Founded on the principle of skin conditions rather than skin types, Skinergy aims to restore the skin's natural ability to strengthen itself through the help of scientifically formulated and tested plant extracts, cosmetic active ingredients and peptides. All active ingredients have been scientifically proven and are used to restore the skin's natural healing and barrier function, support its ability to restore and rejuvenate, and enhance the overall skin condition and feel. Soft and gentle, yet highly effective, the formulations have been created to enhance the sensory application and feel of the products, and serve as the ideal vehicle to transport the selected actives onto and into the Dermis.

SKINERGY - providing balance, protection, normalisation and strengthening of the skin through plant actives and peptides.

2. An overview on chemical peels

As we age our cell turnover slows down dramatically from 20 days in young and middle aged adults up to 30 days in older adults. When this happens the skin's appearance and texture change in a variety of different ways resulting in fine lines and wrinkles, hyperpigmentation and even acne. Chemical peels have proven to be the most effective way to address these changes.

A chemical peel uses a chemical solution to remove layers of skin, revealing the more youthful skin underneath. Different chemicals determine the depth of your peel and type of skin condition treated. For the best results, a peel should be strong enough to accelerate the cell turnover but not strong enough to cause skin inflammation.

Chemical peels can be classified in 4 different categories depending on their depth of penetration and the effect it has on the skin:

Very superficial peels:

This treatment is used to treat acne, hyperpigmentation and first signs of aging. The depth of this peel will only affect the Stratum Corneum and will not penetrate beyond this point.

Superficial peels:

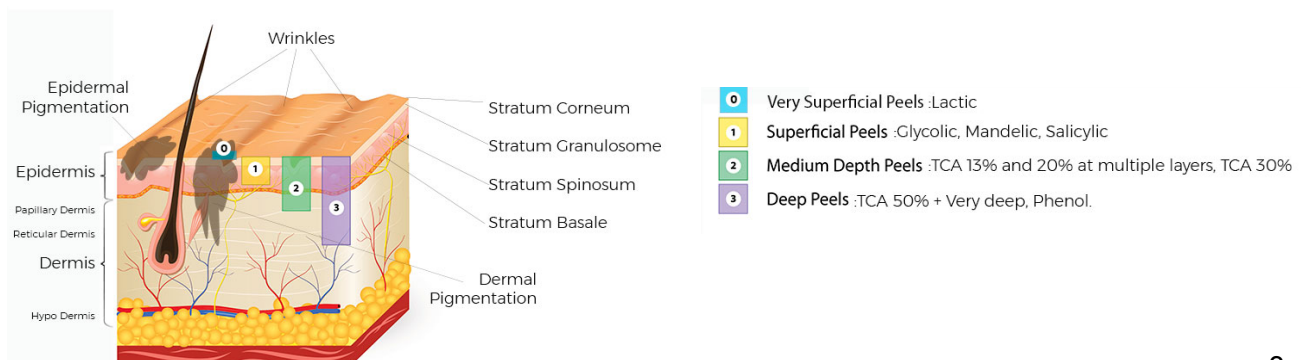
This treatment will be used for a deeper exfoliation and will treat the Basal layer (Stratum Germinativum) to best treat signs of aging, acne and hyperpigmentation.

Medium-depth peels:

These treatments will be performed by a medical practitioner as these peels reach the upper layers of the dermis down to the papillary dermis. They are used to treat scars, solar keratoses, hyperpigmentation and aging.

Deep peels:

These treatments should only be performed by a medical practitioner as this peel removes the papillary dermis and reaches the reticular dermis to address severe photoageing, deep wrinkles and scars.



3. How to ensure the best chemical peel result

The efficiency of your treatment will depend on the following factors:

A. Determine your client's skin health

Before conducting any peel first establish your clients current skin health, as healthy skin is less likely to experience adverse reactions to a chemical peel. Clients with cracked, dehydrated skin allows chemical peels agents to penetrate deeper, which can intensify stinging and burning during the treatment. Also ensure your client does not suffer from any contra-indications like fever blisters or recent sunburn.

B. Skin priming

Before commencing with a chemical peel, first ensure that your client's skin has been primed. Develop an at-home treatment plan which will pre-condition the skin, ensuring optimum skin health before commencing with the peel treatment, especially when the client is new to chemical peels. This will also prepare the skin for the treatment, resulting in optimum results.

C. Skin Prep

Before performing your treatment it is important to prep the skin to ensure that the client's skin is thoroughly cleansed and degreased. This will enhance the penetration of the chemical peel . effectively and evenly.

D. Peeling agent

Alpha Hydroxy Acids(AHA's), Beta Hydroxy Acids (BHA's) and Trichloroacetic Acid(TCA) all have different molecular sizes. Penetrating the dermis to different depths, thus treating different skin concerns. A lower pH results in better targeting of skin concerns such as pigmentation and wrinkles.

E. Application method

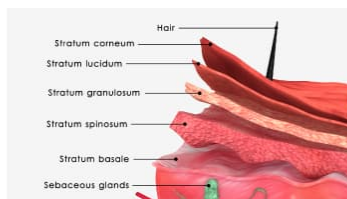
The application of a peel can determine the penetration thereof. Do not massage the skin when the peel has been applied, as this can increase absorption and improve blood circulation which will lead to erythema, sensitivity or inflammation. Apply the peel using a gauze, as it does not absorb the solution, enhancing the solution to skin ratio, resulting in increased efficacy. When treating target areas, use a cotton swab to apply where desired.

4. Chemical peeling agents

Skinergy peels employ keratolytic agents (AHA's and BHA's) due to their versatility. Keratolytic agents have the ability to break chemical bonds in the skin, thereby releasing dead skin cells (corneocytes) which allows them to shed easily. This improves skin texture and results in a healthy skin appearance. **In order for the AHA's and BHA's to work effectively, they are formulated at a low pH of 1.0-2.5.** Naturally the skin is mildly acidic at a pH between 4.5-5.5. By changing the skin's pH it causes a superficial shock to the cells, allowing desquamation and increased cell renewal.

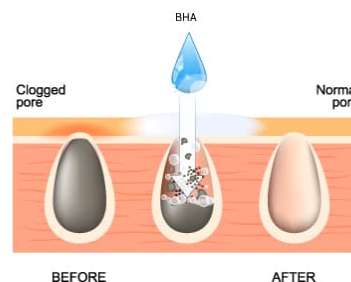
AHA's

Glycolic acid works by removing the stratum corneum to promote the production of collagen and elastin to combat fine lines and wrinkles, and can also break up melanin pigments to lighten skin.



BHA's

It is lipid soluble, so salicylic acid is ideal for those with oily or acne-prone skin because of its ability to deeply penetrate clogged pores to remove dead skin cells and other debris, the patient is left with clear, healthy skin.



Skinergy uses Lactic acid and Glycolic acid in our AHA peels. These are water-soluble and through employing varying combinations, we have formulated peels targeting and affecting different results. .

The benefits of our AHA's:

Lactic Acid

- Improves fine lines and wrinkles
- Hydrates the skin
- Exfoliates at a deeper level, while having a low irritancy profile.
- Ideal for sensitive and pigmented skin
- Improves skin tone and texture
- Improves acne and acne scars.
- Improves blotchy skin, uneven skin pigmentation and melasma.
- Minimal to no downtime.

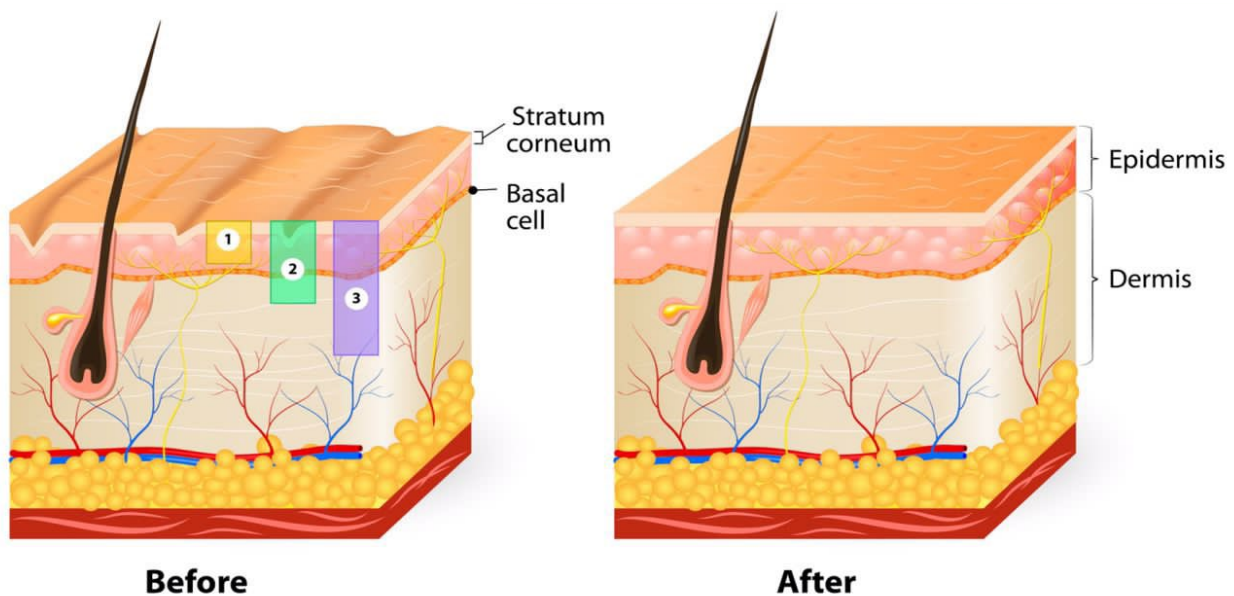
Glycolic acid

- Classic Peel Sensory profile
- Stimulates collagen synthesis thereby rejuvenating the skin
- Stimulates cellular activity addressing photo-aged skin
- Treats hyper-pigmentation
- Improves skin elasticity and firmness
- Minimizes pore size
- Minimal to no downtime.

Skinergy BHA concentrates on Salicylic Acid which is oil-soluble. It is excellent for treating oily and acne-prone skin by penetrating the skin through the follicles and sebaceous glands to help dissolve follicular impactions.

The benefits of Salicylic Acid:

- Comedolytic by cleaning out the pores, removing dead skin cells and build-up around hair follicles.
- Anti-Inflammatory, reduces redness and swelling caused by acne.
- Antifungal.
- Desmolytic by breaking down the connective tissue in the skin to assist in clearing pores.



B.) Skinergy Peel Collection

As our core value is to work synergistically with the skin, we have taken an unique approach, promoting overall skin health by using a system that will accelerate cell turnover and renewal at a less invasive level, preventing pushing the skin to a point of severe inflammation and possible scarring.

1. Skinergy Pre Peel

Description

This leave on pre-peel prep solution is used to degrease the skin, removing all barriers and thus enhancing peel penetration for optimal results.

Benefits

- Degreases skin in preparation for treatment
- Optimizes peel performance

Active ingredients

1. ***Camellia Sinensis Leaf Extract***, hydrates the skin and act as anti-inflammatory agent
2. ***Carica Papaya (Papaya) Fruit Extract***, gently exfoliates, hydrates and assist with the healing
3. ***Cucumis Sativus (Cucumber) Fruit Extract***, repairs dry damaged skin and is anti-inflammatory
4. ***Mentha Piperita (Peppermint) Leaf Extract***, astringent and antipruritic, antiseptic and anti-inflammatory
5. ***Chamomilla Recutita (Matricaria) Flower Extract***, anti-inflammatory and assist with wound healing

2. Glycolic Peel 20%

Description

A gentle peel to use for sensitive skin and first time users. With the smaller molecular size, it allows for quick and easy penetration. Supports the desquamation process by breaking the intercellular adhesion structures in the Stratum Corneum , thereby increasing cellular turnover and improving skin clarity and luminosity.

Benefits

- Reduces hyperpigmentation
- Minimizes fine lines and wrinkles
- Evens skin tone and texture

Active ingredients

1. ***Glycolic Acid 20%:*** *decreases corneocyte cohesion, enhancing cell renewal.*

pH Level of 3.5

3. **Glycolic Peel 45%**

Description

With a higher concentration of Glycolic Acid, it allows for a more advanced exfoliation assisting in the rejuvenation and regeneration of the skin cells. Smaller molecular size allows for quick and easy penetration. Supports the desquamation process by breaking the intercellular adhesion structures in the Stratum Corneum thereby increasing cellular turnover and improving skin clarity and luminosity.

Benefits

- Reduces hyperpigmentation
- Minimizes fine lines and wrinkles
- Evens skin tone and texture
- Assists in clearing acne by reducing oiliness
- Restricts enlarged pores
- Stimulates collagen production

Active ingredients

1. ***Glycolic Acid 45%:*** *decreases corneocyte cohesion enhancing cell renewal.*

pH Level of 3.0

4. **Lactic Acid Peel 45%**

Description

This highly effective peel assists in brightening the skin, therefore reducing the early signs of aging, while evening skin tone. Lactic Acid acts as a humectant, hydrating the skin which improves the skin's barrier function.

Benefits

- Brightens dull skin
- Minimize fine lines and wrinkles
- Hydrated dry, dull skin
- Reduces pigmentation
- Stimulating collagen production

Active ingredients

1. **Lactic Acid 45%:** Stimulates exfoliation by decreasing corneocyte cohesion, while stimulating cell renewal and cell turnover in the epidermis

pH Level of 3.5

5. **Beta Peel 20%**

Description

This power duo combines Salicylic acid, which targets blemishes and post-inflammatory pigmentation, with Lactic acid, which stimulates exfoliation by decreasing corneocyte cohesion and thus stimulates cell renewal and turnover in the epidermis.

Benefits

- Help prevent breakouts
- Reduce post-inflammatory hyperpigmentation
- Control excess oil production
- Brightens and hydrates dull skin

Active ingredients

1. **Lactic Acid:** the most effective and least irritating AHA. Improves barrier function, because of a larger molecular size it penetrates the skin more slowly resulting in less inflammation, which makes it ideal for sensitive skin.
2. **Salicylic Acid:** being a lipophilic BHA it penetrates pores and comedones to help remove impaction plugs, treating oily and breakout-prone skin.

pH Level of 3.5

6. **Neutraliser**

Description

A Gentle pH neutralizing solution for application after treatments with any of our peel systems that helps soothe the skin and restore its natural pH.

Benefits

- Neutralizes the peeling process
- Rebalances the skin's pH
- Calms and soothes inflamed skin

Active ingredients

1. **Allantoin:** An effective anti-irritant for the skin, calming and soothing sensitive areas. It effectively helps promote wound healing and assists with cell regeneration.
2. **Sodium Hydroxide:** a pH balancer due to its high alkalinity.

C.) **Pre-treatment guidelines**

Before beginning your treatment, assess your client's skin health and complete a thorough consultation. It is important that all clients must complete and sign a consultation card for the treatment to be safely performed.

1. *Contraindications to peel treatments:*

Never perform a Skinergy peel treatment on a client who:

- Has received a resurfacing skin procedure such as laser, light therapy, microdermabrasion or chemical peel within the past two weeks.
- Has received Botox or other injectables within the past week.
- Has used Retin-A or any Retinol derivative within the past 48 hours.
- Has used Isotretinoin(Accutane) in the past six months.
- Has waxed within the past 72 hours.
- Has a contagious skin disease or infection such as an active cold sore.
- Has an active bacterial, viral, fungal, or herpetic infection.
- Is on any anti-coagulants.
- Has pre-existing inflammatory dermatoses,for example: Rosacea, Eczema or Psoriasis.
- Is suffering from Type 1 Diabetes
- Has facial cancers, especially facial melanoma.
- Open wounds, moles, rashes or warts on the face area.
- Is pregnant or lactating.

2. *Preprocedure*

- Review the client's medical and cosmetic history.
- Examine the treatment area and the presence of wrinkles, acne, scars, benign vascular or pigmented lesions, oiliness/dryness, and other skin conditions.
- Two weeks prior to the procedure, advise the client to discontinue tanning and direct sun exposure and to avoid it for the duration of treatment.
- One to two weeks prior to treatment, advise the client to discontinue the use of any products containing high strength AHAs.

3. *Patch testing*

- Patients with a history of multiple allergies or sensitivities to preservatives and/or fragrances may have an increased risk of an allergic reaction.
- Patch test sites are located discretely near the treatment area, behind the ear or the dorsum of the forearm.
- The site is evaluated 3 days after placement and the test is deemed positive if excessive erythema, urticaria, vesiculation, report of excessive pruritus or pain, or other unusual response occur.

4. *Skinergy Peel sensation scale*

By determining your clients tolerance to chemical peels you will provide a more effective treatment and also minimize the occurrence of possible side effects. The temple and perioral regions are typically more sensitive.

1. After applying the Skinergy Pre Peel Prep ask the client "On a scale from 1 - 10, 10 being the most intense, do you have any sensation? If they answer



2. After applying one peel layer, ask your client for their sensation level.
3. If your client expresses a sensation of 8 or higher, begin the neutralizing process.

D.) Treatment Protocol

The Skinergy Peel Treatments have been created to treat a wide range of skin conditions.

1. Skinergy healthy glow peel 60 minute treatment

Double Cleanse : 10 minutes

Cleansing Facial Milk



1ml

Apply on damp cotton wool to remove eye and lip make-up.

Prunus Dulcis
(Sweet Almond Oil)

4ml

Apply directly to the face and neck, emulsify with water and cleanse gently.

Butyrospermum
Parkii (Shea butter)

Remove with lukewarm water.

Algae Extract

Foaming Face Wash



4ml

Apply directly to the face and neck, emulsify with water and cleanse gently.

Buddleja Davidii
Extract (Summer
lilac)

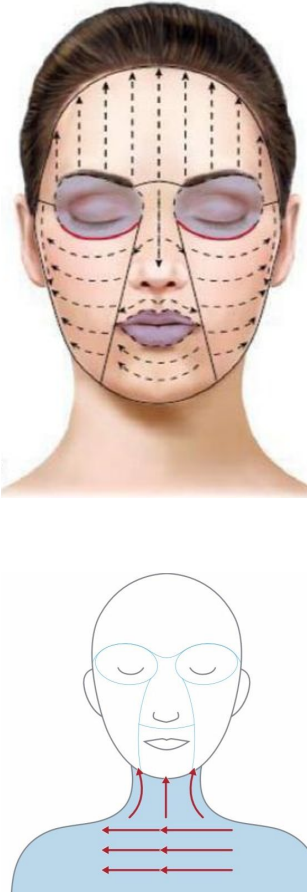
Remove with lukewarm water.

Peel: 20 minutes



(Use petrolatum(vaseline) to protect sensitive areas during the peel by applying it with a cotton bud. These areas include the eye orbits, above the eyebrows and 2 - 3 mm below the inferior eyelash margin. Common areas of pooling include the oral commissures, marionette lines and nasolabial folds. Apply cotton pads to client's eyes for protection. Protect yourself by wearing gloves during the peel process.)

Pre Peel	1.5ml	Pour the Pre Peel in a bowl and soak gauze in the product. Apply the solution soaked gauze to the face, neck and décolleté area prior to peel application and leave it on.	Camellia Sinensis Leaf Extract Carica Papaya (Papaya) Fruit Extract Cucumis Sativus (Cucumber) Fruit Extract Mentha Piperita (Peppermint) Leaf Extract Chamomilla Recutita (Matricaria) Flower Extract
Glycolic 20% 	5ml	Empty the vile in a glass bowl, dampen non-woven gauze in the solution. Squeeze excess solution back in the bowl.  The chemical peel is applied to each facial quadrant, dividing the face into four quadrants, applying the peel in a systematic manner with firm pressure.	

	Quadrant 1: Forehead <i>Sweep the gauze from the eyebrow up to the hairline.</i> Reapply chemical peel solution to the gauze. Quadrant 2: Left cheek <i>Sweep gauze from the temple to the jawline on one side of the face. The cheek can be covered using either horizontal sweeps from medial to lateral or from superior to inferior.</i> Reapply chemical peel solution to the gauze. Quadrant 3: Right cheek <i>Sweep gauze from the temple to the jawline on one side of the face. The cheek can be covered using either horizontal sweeps from medial to lateral or from superior to inferior.</i> DO NOT reapply chemical peel solution to the gauze. Quadrant 4: Medial face <i>Sweep the gauze down the dorsum of the nose, along each nasal sidewall, above the upper lip and then across the chin.</i> Reapply chemical peel solution to the gauze. Quadrant 5: Neck and décolleté <i>Sweep the gauze from the bottom of the décolleté from the left shoulder to the right shoulder, moving up in lanes, when reaching the neck sweep up towards the chin.</i>
Evaluate the client's sensations and skin throughout. If they experience extreme irritation, fan the face or use tapotement movements with gloved fingertips to help alleviate the sensation. If there is no extreme sensation after 2-3 minutes, you may apply additional layers if desired. When applying additional layers, time them 1-2 minutes apart, evaluating the client's sensation throughout. Do not apply more than two layers on the chest and neck. The peel solution can be left on between 5 - 10 minutes depending on the client's skin type and condition.	

The desirable clinical endpoint for a glycolic peel is mild erythema. Undesirable clinical endpoints include: excessive patient discomfort with pain greater than 6 out of 10, blistering (vesiculation) which is indicative of epidermolysis, frosting or whitening of the skin.

Start the neutralization process when:

- The desired clinical endpoints are achieved.
- When the peel procedure time of 5-10 minutes is reached.
- Undesired endpoints occur.

Neutralise 	1.5ml	Spray Skinergy's pH Neutraliser on cotton pads. Gently apply the pH Neutraliser to all areas where Skinergy Peel Systems have been activated, starting with any areas where frosting has occurred, or if no frosting, from the forehead downwards. Make sure to apply to the full facial area. Remove with water and damp cotton wool or a cool towel. If your client continues to experience a high level of sensation, apply additional Neutraliser to fingers and use tapotement or light feather movements to help alleviate discomfort.	Allantoin Sodium Hydroxide
Mask and Massage: 20 minutes			
Hydrating Cream Mask 	5ml	Apply mask to face, neck and décolleté area with a fan brush. Include a massage therapy to relax the client while the mask is on. DO NOT massage any area that has been peeled. Ask the client if they would like a head, hand or foot massage. Remove the mask after 15 minutes, with damp cotton wool or facial mittens.	Parkii (Shea) Butter Simmondsia Chinensis (Jojoba) Seed Oil Persea Gratissima (Avocado) oil Buddleja Davidii Extract

Treatment and Moisturise: 10 minutes			
Balance tonic lotion 	1ml	Apply lotion on damp cotton pads and apply to the face, neck and décolleté area.	Buddleja Davidii Extract Lactic Acid
Hydrating hyaluronic facial serum 	2ml	Apply serum to face, neck and décolleté area	Oryza Sativa (Rice bran oil) Triticum Vulgare (Wheat Germ Oil) Avena Sativa Kernel Plukenetia Volubilis (Inca Inchi Seed Oil)
Hydrating day cream 	2ml	Apply moisturiser to face, neck and décolleté area	Glycine Soja (Soybean) Protein Algae Extract Buddleja Davidii Extract Artemisia Umbelliformis Leontopodium Alpinum Extract Sambucus Nigra Flower Extract
Repair & Restore SPF30 	2ml	Apply SPF to face, neck and décolleté area	Aloe Barbadensis (Aloe Vera) Leaf Juice Buddleja Davidii Extract Octocrylene

2. *Skinergy ultimate renewal peel 60 minute treatment*

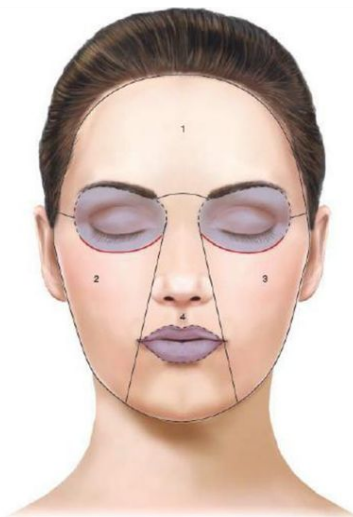
Double Cleanse : 10 minutes

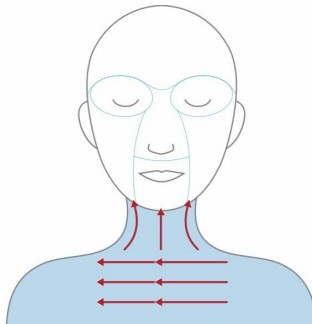
Cleansing Facial Milk 	1ml	Apply on damp cotton wool to remove eye and lip make-up.	Prunus Dulcis (Sweet Almond Oil)
	4ml	Apply directly to the face and neck, emulsify with water and cleanse gently. Remove with lukewarm water.	Butyrospermum Parkii (Shea butter) Algae Extract
Foaming Face Wash 	4ml	Apply directly to the face and neck, emulsify with water and cleanse gently. Remove with lukewarm water.	Buddleja Davidii Extract (Summer lilac)

Peel: 20 minutes



(Use petrolatum (Vaseline) to protect sensitive areas during the peel by applying it with a cotton bud. These areas include the eye orbits, above the eyebrows and 2 - 3 mm below the inferior eyelash margin. Common areas of pooling include the oral commissures, marionette lines, and nasolabial folds. Apply cotton pads to client's eyes for protection. Protect yourself by wearing gloves during the peel process.)

Pre Peel Prep	1.5ml	Apply solution in bowl and soak gauze in solution. Apply to the face, neck and décolleté area.	Camellia Sinensis Leaf Extract Carica Papaya (Papaya) Fruit Extract Cucumis Sativus (Cucumber) Fruit Extract Mentha Piperita (Peppermint) Leaf Extract Chamomilla Recutita (Matricaria) Flower Extract
Glycolic 45% 	5ml	Empty the vile in a glass bowl, dampen non-woven gauze in the solution. Squeeze excess solution back in the bowl. 	The chemical peel is applied to each facial quadrant, dividing the face into four quadrants, applying the peel in a systematic manner with firm pressure.



Quadrant 1: Forehead

Sweep the gauze from the eyebrow up to the hairline.

Reapply chemical peel solution to the gauze.

Quadrant 2: Left cheek

Sweep gauze from the temple to the jawline on one side of the face. The cheek can be covered using either horizontal sweeps from medial to lateral or from superior to inferior.

Reapply chemical peel solution to the gauze.

Quadrant 3: Right cheek

Sweep gauze from the temple to the jawline on one side of the face. The cheek can be covered using either horizontal sweeps from medial to lateral or from superior to inferior.

DO NOT reapply chemical peel solution to the gauze.

Quadrant 4: Medial face

Sweep the gauze down the dorsum of the nose, along each nasal sidewall, above the upper lip and then across the chin.

Reapply chemical peel solution to the gauze.

Quadrant 5: Neck and décolleté

Sweep the gauze from the bottom of the décolleté from the left shoulder to the right shoulder, moving up in lanes, when reaching the neck sweep up towards the chin.

Evaluate the client's sensations and skin throughout.

If they experience extreme irritation, fan the face or use tapotement movements with gloved fingertips to help alleviate the sensation.

If there is no extreme sensation after 2-3 minutes, you may apply additional layers if desired. When applying additional layers, time them 1-2 minutes apart, evaluating the client's sensation throughout. Do not apply more than two layers on the chest and neck.

The peel solution can be left on between 5 - 10 minutes depending on the client's skin type and condition.

The desirable clinical endpoint for a glycolic peel is mild erythema. Undesirable clinical endpoints include: excessive patient discomfort with pain greater than 6 out of 10, blistering (vesiculation) which is indicative of epidermolysis, frosting or whitening of the skin.

Start the neutralization process when:

- The desired clinical endpoints are achieved.
- When the peel procedure time of 5-10 minutes is reached.
- Undesired endpoints occur.

Neutralise



1.5ml

Spray Skinergy's pH Neutraliser on cotton pads. Gently apply the pH Neutraliser to all areas where Skinergy Peel Systems have been activated, starting with any areas where frosting has occurred, or if no frosting, from the forehead downwards.

Make sure to apply to the full facial area. Remove with water and damp cotton wool or a cool towel.

If your client continues to experience a high level of sensation, apply additional Neutraliser to fingers and use tapotement or light feather movements to help alleviate discomfort.

Allantoin

Sodium Hydroxide

Mask and Massage: 20 minutes

Anti-Age Lifting Face Mask



5ml

Apply mask to face, neck and décolleté area with a fan brush. Include a massage therapy to relax the client while the mask is on. DO NOT massage any area that has been peeled. Ask the client if they would like a head, hand or foot massage. Preferably leave the mask to fully absorb to utilize the full efficacy of the instant lifting ingredients.

Oryza Sativa (Rice) Bran Oil

Simmondsia Chinensis (Jojoba) Seed Oil

Sodium Hyaluronate

Saccharide Isomerate

Cichorium Intybus Root

Treatment and Moisturise: 10 minutes			
Balance tonic lotion 	1ml	Apply lotion on damp cotton pads and apply to the face, neck and décolleté area.	Buddleja Davidii Extract Lactic Acid
Anti-Age Plumping Facial Serum 	2ml	Apply serum to face, neck and décolleté area	Sericin Dipeptide Diaminobutyroyl Hydrolyzed Rice Protein
Anti-Age day cream 	2ml	Apply moisturiser to face, neck and décolleté area	Buddleja Davidii Extract Thymus Vulgaris (Thyme) Extract Algae Extract
Repair & Restore SPF30 	2ml	Apply SPF to face, neck and décolleté area	Aloe Barbadensis (Aloe Vera) Leaf Juice Buddleja Davidii Extract Octocrylene

3. **Skinergy bright enhancing peel 60 minute treatment**

Double Cleanse : 10 minutes

Cleansing Facial Milk



1ml

Apply on damp cotton wool to remove eye and lip make-up.

Prunus Dulcis
(Sweet Almond Oil)

4ml

Apply directly to the face and neck, emulsify with water and cleanse gently.

Butyrospermum
Parkii (Shea butter)

Remove with lukewarm water.

Algae Extract

Foaming Face Wash



4ml

Apply directly to the face and neck, emulsify with water and cleanse gently.

Buddleja Davidii
Extract (Summer
lilac)

Remove with lukewarm water.

Peel: 20 minutes



(Use petrolatum (vaseline) to protect sensitive areas during the peel by applying it with a cotton bud. These areas include the eye orbits, above the eyebrows and 2 - 3 mm below the inferior eyelash margin. Common areas of pooling include the oral commissures, marionette lines, and nasolabial folds. Apply cotton pads to client's eyes for protection. Protect yourself by wearing gloves during the peel process.)

Pre Peel Prep

1.5ml

Apply solution in bowl and soak gauze in solution.

Camellia Sinensis
Leaf Extract

Apply to the face, neck and décolleté area.

Carica Papaya
Extract

Cucumis Sativus
Extract

Mentha Piperita
Leaf Extract

Chamomilla
Recutita (Matricaria)
Flower Extract

Lactic Acid 45%

5ml

Empty the vile in a glass bowl, dampen non-woven gauze in the solution. Squeeze excess solution back in the bowl.



The chemical peel is applied to each facial quadrant, dividing the face into four quadrants, applying the peel in a systematic manner with firm pressure.

Quadrant 1: Forehead

Sweep the gauze from the eyebrow up to the hairline.

Reapply chemical peel solution to the gauze.

Quadrant 2: Left cheek

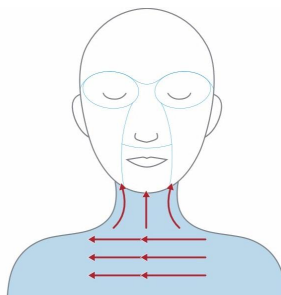
Sweep gauze from the temple to the jawline on one side of the face. The cheek can be covered using either horizontal sweeps from medial to lateral or from superior to inferior.

Reapply chemical peel solution to the gauze.

Quadrant 3: Right cheek

Sweep gauze from the temple to the jawline on one side of the face. The cheek can be covered using either horizontal sweeps from medial to lateral or from superior to inferior.

DO NOT reapply chemical peel solution to the gauze.

	Quadrant 4: Medial face <i>Sweep the gauze down the dorsum of the nose, along each nasal sidewall, above the upper lip and then across the chin.</i> Reapply chemical peel solution to the gauze. Quadrant 5: Neck and décolleté <i>Sweep the gauze from the bottom of the décolleté from the left shoulder to the right shoulder, moving up in lanes, when reaching the neck sweep up towards the chin.</i>			
Evaluate the client’s sensations and skin throughout. If they experience extreme irritation, fan the face or use tapotement movements with gloved fingertips to help alleviate the sensation. If there is no extreme sensation after 2-3 minutes, you may apply additional layers if desired. When applying additional layers, time them 1 -2 minutes apart, evaluating the client's sensation throughout. Do not apply more than two layers on the chest and neck. The peel solution can be left on between 5 - 10 minutes depending on the client's skin type and condition. The desirable clinical endpoint for a lactic peel is mild erythema. Undesirable clinical endpoints include: excessive patient discomfort with pain greater than 6 out of 10, blistering (vesiculation) which is indicative of epidermolysis, frosting or whitening of the skin. Start the neutralization process when: • The desired clinical endpoints are achieved. • When the peel procedure time of 5-10 minutes is reached. • Undesired endpoints occur.				
Neutralise	<table><tr><td>1.5ml</td><td> Spray Skinergy’s pH Neutraliser on cotton pads. Gently apply the pH Neutraliser to all areas where Skinergy Peel Systems have been activated, starting with any areas where frosting has occurred, or if no frosting, from the forehead downwards. Make sure to apply to the full facial area. Remove with water and damp cotton wool or a cool </td><td> Allantoin Sodium Hydroxide </td></tr></table>	1.5ml	Spray Skinergy’s pH Neutraliser on cotton pads. Gently apply the pH Neutraliser to all areas where Skinergy Peel Systems have been activated, starting with any areas where frosting has occurred, or if no frosting, from the forehead downwards. Make sure to apply to the full facial area. Remove with water and damp cotton wool or a cool	Allantoin Sodium Hydroxide
1.5ml	Spray Skinergy’s pH Neutraliser on cotton pads. Gently apply the pH Neutraliser to all areas where Skinergy Peel Systems have been activated, starting with any areas where frosting has occurred, or if no frosting, from the forehead downwards. Make sure to apply to the full facial area. Remove with water and damp cotton wool or a cool	Allantoin Sodium Hydroxide		

		towel. If your client continues to experience a high level of sensation, apply additional Neutraliser to fingers and use tapotement or light feather movements to help alleviate discomfort.	
Mask and Massage: 20 minutes			
Anti-Age Enzyme Peel Mask 	5ml	Apply mask to face, neck and décolleté area with a fan brush. Include a massage therapy to relax the client while the mask is on. DO NOT massage any area that has been peeled. Ask the client if they would like a head, hand or foot massage. Remove the mask after 10 minutes, with damp cotton wool or facial mittens.	Saccharomyces Cerevisiae Extract Papaya Extract Pineapple Extract Vaccinium Myrtillus Fruit Extract
Treatment and Moisturise: 10 minutes			
Balance tonic lotion 	1ml	Apply lotion on damp cotton pads and apply to the face, neck and décolleté area.	Buddleja Davidii Extract Lactic Acid
Arbutin & Niacinamide Skin Glow Serum 	2ml	Apply serum to face, neck and décolleté area	Arbutin Niacinamide Rosehip, Jojoba Rice Bran Oils

Anti-Age Skin Illuminator 	2ml	Apply moisturiser to face, neck and décolleté area	Niacinamide Arbutin Sodium Ascorbyl Phosphate Malva Sylvestris (Mallow) Extract Primula Veris Extract
Repair & Restore SPF30 	2ml	Apply SPF to face, neck and décolleté area	Aloe Barbadensis (Aloe Vera) Leaf Juice Buddleja Davidii Extract Octocrylene

4. Skinergy repair and protect peel 60 minute treatment

Double Cleanse : 10 minutes

Cleansing Facial Milk 	1ml	Apply on damp cotton wool to remove eye and lip make-up.	Prunus Dulcis (Sweet Almond Oil)
	4ml	Apply directly to the face and neck, emulsify with water and cleanse gently. Remove with lukewarm water.	Butyrospermum Parkii (Shea butter) Algae Extract
Foaming Face Wash 	4ml	Apply directly to the face and neck, emulsify with water and cleanse gently. Remove with lukewarm water.	Buddleja Davidii Extract (Summer lilac)

Peel: 20 minutes



(Use petrolatum(vaseline) to protect sensitive areas during the peel by applying it with a cotton bud. These areas include the eye orbits, above the eyebrows and 2 - 3 mm below the inferior eyelash margin. Common areas of pooling include the oral commissures, marionette lines, and nasolabial folds. Apply cotton pads to client's eyes for protection. Protect yourself by wearing gloves during the peel process.)

Pre Peel Prep

1.5ml

Apply solution in bowl and soak gauze in solution.

Apply to the face, neck and décolleté area.

Camellia Sinensis
Leaf Extract

Carica Papaya
(Papaya) Fruit
Extract

Cucumis Sativus
(Cucumber) Fruit
Extract

Mentha Piperita
(Peppermint) Leaf
Extract

Chamomilla
Recutita (Matricaria)
Flower Extract

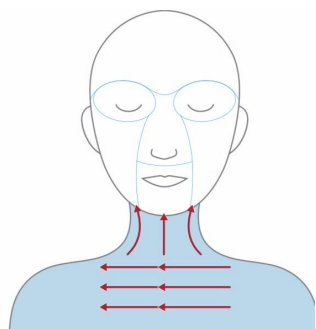
Beta Peel 20%

5ml

Empty the vile in a glass bowl, dampen non-woven gauze in the solution. Squeeze excess solution back in the bowl.



The chemical peel is applied to each facial quadrant, dividing the face into four quadrants, applying the peel in a systematic manner with firm pressure.



Quadrant 1: Forehead

Sweep the gauze from the eyebrow up to the hairline.

Reapply chemical peel solution to the gauze.

Quadrant 2: Left cheek

Sweep gauze from the temple to the jawline on one side of the face. The cheek can be covered using either horizontal sweeps from medial to lateral or from superior to inferior.

Reapply chemical peel solution to the gauze.

Quadrant 3: Right cheek

Sweep gauze from the temple to the jawline on one side of the face. The cheek can be covered using either horizontal sweeps from medial to lateral or from superior to inferior.

DO NOT reapply chemical peel solution to the gauze.

Quadrant 4: Medial face

Sweep the gauze down the dorsum of the nose, along each nasal sidewall, above the upper lip and then across the chin.

Reapply chemical peel solution to the gauze.

Quadrant 5: Neck and décolleté

Sweep the gauze from the bottom of the décolleté from the left shoulder to the right shoulder, moving up in lanes, when reaching the neck sweep up towards the chin.

Evaluate the client's sensations and skin throughout.

If they experience extreme irritation, fan the face or use tapotement movements with gloved fingertips to help alleviate the sensation.

If there is no extreme sensation after 2-3 minutes, you may apply additional layers if desired. When applying additional layers, time them 1-2 minutes apart, evaluating the client's sensation throughout. Do not apply more than two layers on the chest and neck.

The peel solution can be left on between 5 - 10 minutes depending on the client's skin type and condition.

The desirable clinical endpoint for a beta peel is a thorough cleansing of the dermis. Little to no sensation should occur.

Undesirable clinical endpoints include: excessive patient discomfort with pain greater than 6 out of 10, blistering (vesiculation) which is indicative of epidermolysis, frosting or whitening of the skin.

Start the neutralization process when:

- The desired clinical endpoints are achieved.
- When the peel procedure time of 5-10 minutes is reached.
- Undesired endpoints occur.

Neutralise



1.5ml

Spray Skinergy's pH Neutraliser on cotton pads. Gently apply the pH Neutraliser to all areas where Skinergy Peel Systems have been activated, starting with any areas where frosting has occurred, or if no frosting, from the forehead downwards.

Make sure to apply to the full facial area. Remove with water and damp cotton wool or a cool towel.

If your client continues to experience a high level of sensation, apply additional Neutraliser to fingers and use tapotement or light feather movements to help alleviate discomfort.

Allantoin

Sodium Hydroxide

Mask and Massage: 20 minutes

Balance Facial Mask



5ml

Apply mask to face, neck and décolleté area with a fan brush. Include a massage therapy to relax the client while the mask is on. DO NOT massage any area that has been peeled. Ask the client if they would like a head, hand or foot massage. Remove the mask after 15 minutes, with damp cotton wool or facial mittens.

Wheat Germ oil

Sweet Almond Oil

Camphor

Serenoa Serrulata
Fruit Extract

Argan Kernel

Treatment and Moisturise: 10 minutes			
Balance tonic lotion 	1ml	Apply lotion on damp cotton pads and apply to the face, neck and décolleté area.	Buddleja Davidii Extract Lactic Acid
Balance healing serum 	2ml	Apply serum to face, neck and décolleté area	Oryza Sativa (Rice) Bran Oil Triticum Vulgare (Wheat) Germ Oil Argania Spinosa Kernel Extract Serenoa Serrulata Fruit Extract
Balance 24 Hour Moisturiser 	2ml	Apply moisturiser to face, neck and décolleté area	Triticum Vulgare (Wheatgerm) Extract Sodium Hyaluronate Argania Spinosa Kernel Extract Sesamum Indicum Seed Extract
Repair & Restore SPF30 	2ml	Apply SPF to face, neck and décolleté area	Aloe Barbadensis (Aloe Vera) Leaf Juice Buddleja Davidii Extract Octocrylene

